

CHRISTINA MARIE KING

LICENSED PROFESSIONAL COUNSELOR

CONTACT

1.215.833.5817

CKING@CHRISTINAMKING.COM

135 W MAIN STREET STE I ASPEN CO 81611

EDUCATION

WOMAN IN LEADERSHIP CERTIFICATE

CORNELL UNIVERSITY, 2018

WEST CHESTER UNIVERSITY OF

PENNSYLVANIA, WEST CHESTER, PA, 08-12

POST MASERS I MASTERS CLINICAL PSYCHOLOGY

THE PENNSYLVANIA STATE UNIVERSITY,

ABINGTON, PA, 2003-2005

BACHELORS PSYCHOLOGICAL & SOCIAL SCIENCES

BUCKS COUNTY COMMUNITY COLLEGE,

NEWTOWN, PA, 2001-2003

ASSOCIATES LIBERAL ARTS I PSYCHOLOGY

RECOGNITION

ASPEN PEAK WOMAN OF INFLUENCE 2015 I WOMAN

IN LEADERSHIP PANEL, 2016 NATIONAL

ADDICTION CONFERENCE, BROADMOOR CO

I MEMBER OF DENVER SPEAKER BUREAU I CO-

FOUNDER OF CHANGING BRAINS, CHANGING LIVES

SYMPOSIUM

OBJECTIVE

TO DEMONSTRATE LEADERSHIP AND A LIVE
BIG PHILOSOPHY WITHIN MY PROFESSIONAL
COACHING PRACTICE TO INDIVIDUALS AND
CORPORATIONS SEEKING SUPPORT AND
DIRECTION IN THEIR PURSUIT TOWARDS
ACHIEVEMENT AND ADAPTATION.

ADDITIONALLY, PROMOTING INCREASED
AWARENESS OF MENTAL HYGIENE IN
COMMUNITIES AND AGENCIES TO DECREASE
STIGMA AND UNITE RESOURCES.

SKILLS, TRAINING, KNOWLEDGE

COGNITIVE BEHAVIORAL THERAPY I

BECK INSTITUTE TRAININGS I EXPOSURE

THERAPY I KNOWLEDGE & SKILL BASE

FOR EMDR I TRAUMA INFORMED CARE

TRAINED I DR SAUL FISHER TRAINING OF

7 PIVOTAL AREAS OF PARENTING

I EMOTION FREEDOM TECHNIQUE 'EFT'

EXPERIENCE

ASPEN STRONG, NON-PROFIT, ASPEN, CO

FOUNDER I EXECUTIVE DIRECTOR, 2014-CURRENT

- Oversee all goals to establish connectivity and transformation in the Roaring Fork Valley.
- Event director and founder for HIKE HOPE HEAL - annual event supporting mental health awareness
- Coordinate with website designer to establish a well developed and designed website including a directory database, community calendar, screening tool and multiple resources for the community to find the mental health support and resources available.
- Professionally network to the community about Aspen Strong's goals and collaborate with other agencies to develop a movement supporting mental health awareness.
- Work collaboratively with other agencies to create a continuum of care model designed to answer, points of services, centers of excellence, points of access, and funding resources.
- Collaborate with Aspen Community Foundation to financially support the Mental Health Fund and to create sustainability over time.
- Fundraise to support programs and operations of non-profit
- Support liasonship among governments, businesses, mental health agencies, and the community.
- Support effective messaging and campaigning with support of Screen for Mental Health's National Depression Screening Program to decrease stigma of mental illness and promote mental hygiene.

PRIVATE PRACTICE

CHRISTINA MARIE KING LPC, 2013-CURRENT

- Effectively use Cognitive Behavioral Therapy strategies with other eclectic practices including Trauma-Informed Care & Shame resilience to support clients in achieving goals and adapting a growth mind-set
- Collaborate with colleagues to expand knowledge and expertise and to ensure client care.
- Attend and direct All Valley Mental Health meetings to network and collaborate.
- Actively receive case consultation to ensure quality care to client caseload.
- Speak publicly with Denver Speaker Bureau on topics: work/life/balance; shame resilience, growth-midget
- Provide trainings in trauma informed care, resilience, and cognitive behavioral therapy to community businesses.
- Utilize Live BIG philosophy in coaching practices.

ASPEN HOPE CENTER - CRISIS CLINICIAN

MIND SPRINGS HEALTH - CRISIS CLINICIAN 2013-2014

- Collaborate with AHC team to provide efficient crisis evaluations, referrals, and intakes.
- Maintain on-call hours for crisis in RoaringForkValley.
- Proficiently enter client documentation into Citrix Share File.
- Staff cases with counseling team and attend regular meetings.
- Network with community providers to assure proper follow-up for clients seeking referrals

EXPERIENCE CONTINUED

PRIVATE PRACTICE

GROWTH OPPORTUNITY CENTER, SOUTHAMPTON PA 2012-2013

- Provide therapy for children, teenage, and adult population as an independent contractor provider.
- Collaborate with supervisory team to expand knowledge and expertise and to ensure client care.

INTAKE COORDINATOR

DIRECTOR OF FAMILY SUPPORT/PSYCH-EDUCATION PROGRAM

NORTHEAST COMMUNITY CENTER FOR MH/MR, PHILADELPHIA, PA 2012-2013

- Lead and supervise Family Counselors of Family Support (FS)/Psycho-educational Program (PEP) to promote consistency and communication.
- Efficiently perform duties of intake counselor for all services at NECC. Efficiently work with CEO and Deputy Director of OP to develop new procedures for intake at NECC; including the development of Intake and Psychiatric evaluation forms and paperwork.
- Act as liaison between all outside crisis intervention services.
- Coordinate referrals/intake for all involuntarily committed clients to NECC.
- Manage clozaril clinic and maintain appropriate information for continued and proper medication management.
- Collaborate with multidisciplinary team including psychiatric team to ensure client care.
- Provide individual, group and family therapy to Recovery program (Psycho-Social Rehab) with emphasis utilizing Cognitive Behavioral Therapy, Psychodrama and Systems Theory approach.
- Expand my knowledge of evidence based practice through education and incorporate it into my daily practice while receiving supervision from licensed professionals.
- Competently provide crisis intervention.
- Assume role of client advocate for all discrepancies or complaints at NECC.
- Collaborate with multidisciplinary team including psychiatric team to ensure client care.
- Proficiency in biopsychosocial intake and clinical acumen for care.
- Resourcefully organize monthly workshops and facilitate weekly group meetings for families involved in the FS/PEP programs.
- Publish and edit FS/PEP monthly newsletter and Outpatient monthly bulletin for NECC consumers.

ACUTE PARTIAL HOSPITAL & INTAKE THERAPIST

PENNDDEL MENTAL HEALTH CENTER, PENNDDEL, PA 2010-2012

- Competently perform crisis intervention or appropriate 302 commitments.
- Develop improved knowledge of ethical and evidenced based practice and integrate into daily practice under supervision of licensed professionals.
- Competently perform bio psycho social intake for incoming clients
- Creatively publish and edit Penndel's Consumer Newsletter.
- Marketing and Outreach to maintain or increase client base at PMH
- Facilitate individual and group therapy in Acute and Outpatient setting.

INTERNSHIP EXPERIENCE

INTERNSHIP

MATHOM HOUSE, DOYLESTOWN, PA 2004

- Counsel male juvenile sexual offenders in a specialized residential program.
- Promote interactive discussion by developing circle meetings which encouraged the use of literature.
- Aid non-English speaking residents to understand the American culture and language through discussion and English provided homework from schooling.
- Actively attend court hearings for potential residents to experience the legal aspects of juvenile cases.
- record and document experiences for final thesis

RESEARCH ASSISTANT FOR DR. ELIZABETH PINEL

PENN STATE WORK-STUDY, UNIVERSITY PARK, PA 2003-2004

- Successfully recruited over 300 participants for online communication study.
- Proficiently entered data entry for completed experiments.

INTERNSHIP

DR. RICK PAYTON, PRIVATE INVESTIGATOR, STATE COLLEGE, 2003-2004

- Reviewed case files of criminal records, listened to testimonies, discussed case files and court hearings, and observed crime scene of investigation.